



JR. PATRIOTS WRESTLING CLUB

“CHAMPIONS START HERE”

SERVING ALL PARKWAY AND AREA SCHOOLS. *Our goal is to develop young men and women regardless of which school/high school you will go to!*

www.irpatswrestling.com

Jr. Patriots are endorsed by Jim Lake, Parkway South Head Wrestling Coach and Zeke Allison, Parkway West Head Wrestling Coach.

Boys & Girls 5 years through 8th grade can be part of the club & ANY SIZE CHILD CAN WRESTLE

Dates & Times: Sign-ups – Thursday, November 2nd, November 7th and 9th from 6:00 – 6:30 pm. (Parkway South High Gym B). **Practice will follow sign-ups.**

Please bring:

1. A **copy of each child's birth certificate.**
2. A separate check or cash for club fees (see Cost section below).
3. A \$100 deposit check required for each singlet, which is returned with singlet return.

Practices: **5th – 8th Grade** - Every Tuesday & Thursday, November through mid-March, 6:30 – 8:30 pm. Monday practice 6:30 – 8:30 pm is accelerated for experienced wrestlers but open to all.

K - 4th Grade - Monday and Wednesday nights from 6:30 – 7:30 pm. We will leverage an excellent game-based wrestling skills development program designed to help kids learn fundamental skills that make successful wrestlers in a fun, game-based format, well-suited for young attention spans.

The first week, ALL practices will be at South. Following the first week, practice will follow a schedule with practices held at both South and West.

Monday – 6:30 – 8 – Advanced Practice
Monday – 6:30 – 7:30 – K - 4th Grade
Tuesday – 6:30 – 8:30 – 5th – 8th Grade
Wednesday – 6:30 – 7:30 – K - 4th Grade
Thursday – 6:30 – 8:30 – 5th – 8th Grade

Where: Parkway South High Wrestling Room (Gym B) & Parkway West Wrestling Room

Cost: **\$185 first child, \$150 second child** – Includes up to 5 tournaments. Cost also includes either AAU or USA Wrestling membership, team t-shirt (to keep), & singlet (returned at end of season)..

Tournaments: Tournaments are scheduled on most weekends (Sat. or Sun.) from December through early March. Wrestlers can participate in as many or few as they wish.

Coaches: Greg Mattison 314-368-1438 greg@irpatswrestling.com
Jeff Mattison 636-346-1588 jeffm@irpatswrestling.com
Jim Stanec
Kevin Watkins
Doug Taylor
Rob Johansen
Kevin Duffield
Nate Burkemper
Christian Morgan

The Jr. Patriots Wrestling Club is independent of and not affiliated with nor sponsored by the Parkway School District or the Parkway Board of Education. The views, opinions, and programs of the Jr. Patriots Wrestling Club therefore do not necessarily represent those of the Parkway School District.